

*Love & Lasagna*



**1,000 Lasagnas! Bringing joy, love, and lasagnas this holiday season.**



# LOVE & LASAGNA

1,000 lasagnas made for our community  
Bringing joy, love, and lasagnas this holiday season.

Sponsored By:

*Sam*  
THE LASAGNA LADY  
[www.SamTheLasagnaLady.com](http://www.SamTheLasagnaLady.com)



<https://womansclubofnorfolk.com/>



# Beginning November through the Holidays

- Serving 214 Senior Citizens through Compassionate Advocacy Network
- Lunch to 15 Stations: Norfolk Fire Rescue -30 pans with salad, dessert, and homemade salad dressing (still in progress of serving ...8 more to go)
- Serving 30-50 Homeless
- Serving battered women and children
- Serving ForKids: 70



*The 1,000 will be over a course as we will be serving the Senior Citizens in January, etc.*

# Contributors



Sam's Club  
[www.samsclub.com](http://www.samsclub.com)



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*Hey Man!*  
**Where U At?**

Hey Man Where U At!  
[www.heymanwhereuat.com](http://www.heymanwhereuat.com)

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Food Lion  
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# Volunteers



*Norfolk Fire Rescue*

[www.norfolk.gov/596/Fire-Rescue](http://www.norfolk.gov/596/Fire-Rescue)



*YMCA Board Members*

[www.norfolkymca.org](http://www.norfolkymca.org)



*Woman's Club of Norfolk*

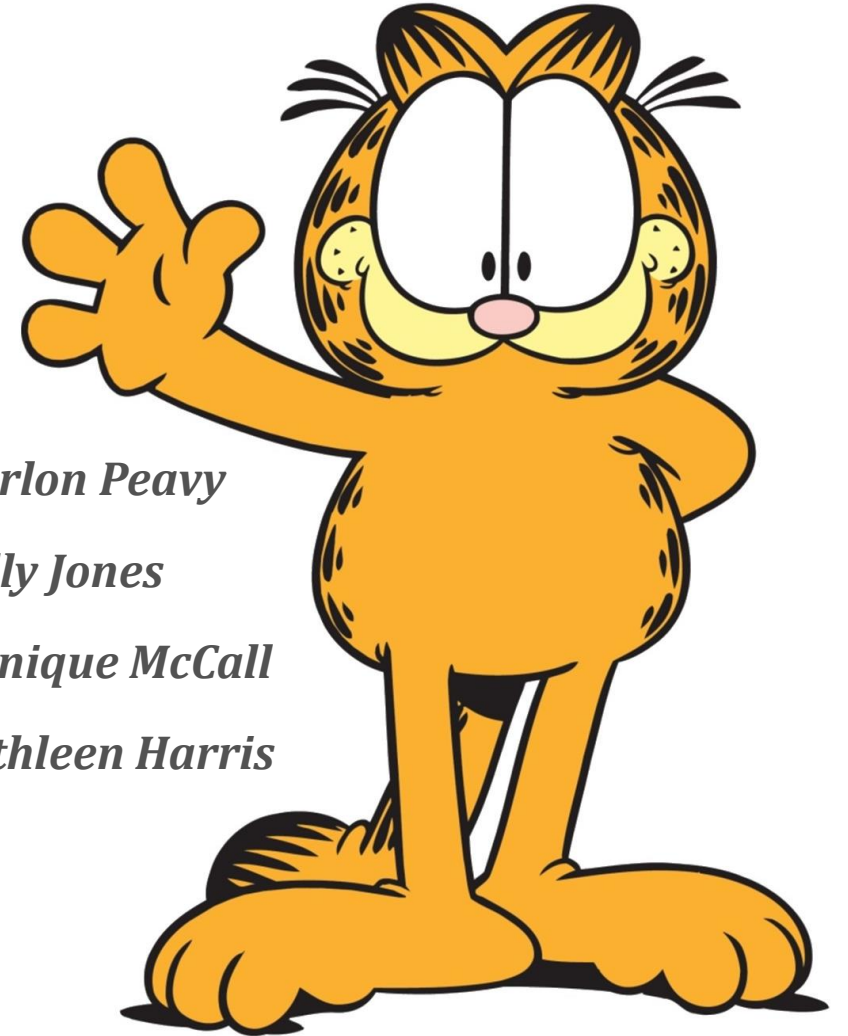
[www.womansclubofnorfolk.com](http://www.womansclubofnorfolk.com)



Compassion  
Advocacy  
Network, Inc.

*Compassion Advocacy Network*

[www.compassionadvocacynetwork.org](http://www.compassionadvocacynetwork.org)



*Marlon Peavy*

*Polly Jones*

*Monique McCall*

*Kathleen Harris*



For go to:

[www.womansclubofnorfolk.com](http://www.womansclubofnorfolk.com)

And press the Love & Lasagna flyer